

Cheesman Tower West



April Spring News

2016

Street Sweeping Time Again

Remember City street sweeping begins in April. Watch out and don't get ticketed!

1st Tuesday

West side of Humboldt Street

1st Wednesday

East side of Humboldt Street

1st Thursday

North side of 12th Avenue

1st Friday

South side of 12th Avenue

Obtaining Proof of Insurance

It is that time of the year again when your mortgage company may request proof of insurance on the property. In addition when you refinance, the lending agent will request proof of insurance for the property. If you are applying for a reverse mortgage proof of insurance is required. In the event you need a certificate of insurance, please fax your request to:

Cherry Creek Insurance Group
Attn: HOA Certificates
FAX: 303-799-0156 or
Email to:
certificate@thinkccig.com

The Missing Fir Tree

Over the years Board members have struggled to reach a decision on the need to remove the failing White Fir tree at the entry corner to our building. With the assistance of our devoted Landscape Committee Chair, Jay Chetney and the knowledge of several licensed arborists the decision was made and the tree removed early March. Most interesting was not only how quickly and cleanly this job was done, but many residents didn't notice its absence.



Deck Project News

This is no April fool's joke; the deck project is nearing completion. Even though the majority of the expense involved protection of the structure and the elimination of leaks, there are numerous improvements to its appearance and usability. The deck now has a cleaner and more modern look. High efficiency, dark sky compliant LED light fixtures have been installed, all of which feature electrical outlets. The new paver pedestals provide a much more stable feeling underfoot, and we have a substantial inventory of spare pavers for years to come. It is now possible, subject to HOA approval, to enclose the balconies on the adjoining residences. We thank all of you for your patience during construction and hope that you enjoy our new deck.

BOARD OF DIRECTORS

President

Barbara Wagner

Vice President

Rita Bastien

Secretary/Treasurer

Jean Reardon

Members at Large

Donna Bryant

Hall Skeen

BOARD MEETINGS

The next scheduled Board Meeting will be held
April 20, 2016
at 4:00 pm in the Community Room.
Please join us



COMMUNITY MANAGER
Jean Ronald CMCA, AMS
jean@weststarmanagement.com

6795 E. Tennessee Ave. #601
Denver, CO 80224
Tel: 720-941-9200 fax: 720-941-9202

Denver Free Days - April 2016

Denver Art Museum

Saturday, April 2, 2016

Twice this month

Denver Botanic Garden

Sunday, April 3, 2016

Denver Botanic Gardens at Chatfield

Tuesday, April 5, 2016

A beautiful walking farm with nature trails

Children's Museum of Denver

Tuesday, April 5, 2016 – free from 4 pm – 8 pm

Four Mile Historic Park

Friday, April 8, 2016

Denver Nature & Science Museum

Sunday, April 10, 2016

Amazing hands on museum for the kids

Denver Mint

Tours are free – call 303-405-4761

Mondays through Thursdays

National Parks

April 16th through April 24th

Denver Art Museum

Sunday, April 24, 2016

Always something new

Aurora History Museum

The Aurora History Museum offers free admission everyday



Board Members Needed

In the very near future, there will be one or two positions open on the board, well in advance of the next Annual Meeting Election. If you are willing to serve on the Board please contact Mgmt. at 720-941-9200. Our next meeting is scheduled for April 20, 2016.

Potted Plants on Balconies

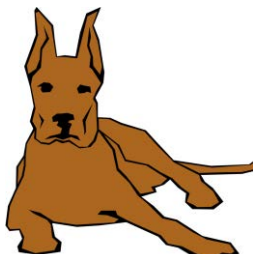
Please remember your neighbors below when watering spring plantings on your balcony. Extra precaution is needed to avoid dirt, grime and water from spilling down and soiling windows and belongings below.



Safety Tips When Using Fitness Equipment

Make sure that the machine is very stable! Be safe!

- 1) A heart rate monitor is an excellent safety feature – you can monitor your heart rate and lessen the intensity of your workout when your heart rate is too high.
- 2) Using a machine that is "too big" or "too small" for you could lead to injury.
- 3) If you have back problems or knee problems, talk to a doctor before using gym equipment. Treadmills are not the best if you have knee problems.
- 4) Make sure that all moving parts are covered – you don't want to get a finger caught!
- 5) Turn off the machine when you are not using it.
- 6) When exercising, pay attention to your body. If your body starts to hurt, lessen the intensity of your workout or stop completely! If your body continues to hurt, see a doctor.
- 7) Slowly increase your intensity.



Please consider safety first when using fitness/gym equipment. Advise Bridget or Ray if you notice anything out of the ordinary (303) 832-7454. Please respect our quiet hours whenever using the Fitness Room 10 pm – 7am.

PET RULE REMINDER – No dog may weigh more than 60 pounds, and if a unit has two dogs their combined weight may not exceed 90 pounds.